

**Washoe County Children’s Mental Health Consortium**  
**Main Meeting Minutes**  
**January 19, 2023**

**1. Call to Order**

- a. Chair called meeting to order at 10:15 am.

**2. Attendees:**

- a. **Voting Members Present:** Katie Metz, Sandy Arguello, Mala Wheatley, Britt Young, Rebecca Arvans, Dr. Jose Cucalon-Calderon, Ana de la Maza, Katherine Loudon, Stephanie Brown
- b. **Non-Voting Members Present:** Kristen Rivas, Kary Wilder, Yolanda Chatwood, Joe Dibble, Beverly Burton, Courtney Hack, Amanda Jenkins, Tiffany Coury, Nicole Mara

**3. Public Comment and Discussion-** No action may be taken on a matter raised under this item of the agenda until the matter itself has been specifically included on the agenda as an item upon which action can be taken.

- a. Nicole Mara announced NV Peds is sponsoring “The Ripple Effect” training (8 CEUs) on February 23rd and 24<sup>th</sup>. Registration is open with seats available. Nicole put the link to the CASAT registration in the Chat. The “Circle of Security” training will be held in March 2<sup>nd</sup> followed by groups and consultation/coaching calls through September (24-37 CEUs). CAMS Care sponsored training is scheduled for April 3<sup>rd</sup> and June 3<sup>rd</sup>. Training for primary care providers making referrals on common mental health conditions is scheduled April 14<sup>th</sup> and will be followed with available coaching calls.

**4. For possible action:** Review and Approval of outstanding minutes

- a. November 19, 2022 Main Meeting. Brittney Young’s name is spelled incorrectly in the voting member section.

<p><u>Motion:</u> Rebecca Arvans motioned to approve the November 19, 2022 Main Meeting Minutes with the correction noted.</p> <p><u>Seconded by:</u> Ana de la Maza</p> <p><u>Vote:</u> Unanimous; motion carried</p>
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- 5. For information only: Family Voice** – A time to hear from families and those in attendance who work with families about their successes, challenges, and themes.
- a. Britt Young reported families still can't access Child Find; phone calls are not being answered or are returned months later. Families and youth are also being discouraged from using Safe Voice to anonymously report bullying incidents at the school level.
  - b. Katie Metz reported they are also seeing the same issues at Head Start with needed assessments.
  - c. Katherine Loudon said WSCD is experiencing staffing shortages and she will continue to share information. She advocated for anyone experiencing these issues to contact the WSCD counseling office.

**6. For possible action, review, discussion, and approval of recommendations made: 2022 Annual Report**

- a. Katie Metz shared the draft report and discussion was held to identify changes and additions needed. There are contributions still not received and follow-up calls will be made to the appropriate contacts. Kristen Rivas will follow up with Rhonda Lawrence on the DCFS Northern Nevada Child and Adolescent Services section. Rebecca Arvans will send content for the Sierra Regional Center. Stephanie Brown will submit content for Willow Springs and Katherine Loudon will contribute information for the Washoe County Human Services Agency. Chris Empey is the contact for Washoe County Juvenile Services and Misty Allen is the contact for the Nevada Office of Suicide Prevention. Katie asked everyone to send their information to Jacquelyn Kleinedler by January 25<sup>th</sup>.

Motion: Dr. Jose Cucalon-Calderon motioned to approve the 2022 Annual Report with the recommended changes and additions.  
Seconded by: Stephanie Brown  
Vote: Unanimous; motion carried

**7. For possible action, review, discussion, and approval of recommendations made: Consortium Member Announcements to give Voting Members a chance to**

share any updates they may have and discuss issues important to the Voting Members

- a. Stephanie Brown announced that Willow Springs is holding a hiring event today from 8 am to 6 pm.
  - b. Dr. Jose Cucalon-Calderon announced that the planned community conversation session about mental health care services for the Latino community was cancelled due to winter weather and has been rescheduled for February 26th. This is an ongoing monthly program. Renown pediatric psychiatry is experiencing staffing changes and he will have more information at the next meeting.
  - c. Ana de la Maza reported that Children’s Cabinet, Renown, Quest Counseling, Reno Behavioral Health and other community providers have held three collaborative meetings to bridge the gaps in childcare services and offer additional services to assist in reducing the number of children in emergency rooms.
  - d. Britt Young encouraged everyone to visit the Nevada PEP website at ([nvpep.org](http://nvpep.org)). They are working to add additional resources and she will put the link in the Chat.
  - e. Dr. Jose Cucalon-Calderon said the recent session on psychopharmacology in primary care was recorded and will be uploaded and available on the Renown website.
- 8. *For possible action:*** Date for next meeting and agenda items
- a. The next meeting is on Thursday, February 16th at 10:00 am.
- 9. **Public Comment and Discussion:**** No action may be taken on a matter raised under this item of the agenda until the matter itself has been specifically included on the agenda as an item for which action can be taken.
- a. None
- 10. Adjournment:**
- a. Chair adjourned meeting at 10:43 am.

## Chat Comments

- 00:24:30 Britt Young- NVPEP: Good Morning Everyone
- 00:24:56 Rebecca Arvans: Morning! Rebecca Arvans, Sierra Regional Center, voting member.
- 00:24:58 Britt Young- NVPEP: Britt Young- NV PEP- byoung@nvpep.org- voting member
- 00:25:22 Sandy Arguello: Sandy Arguello, Koinonia, Voting member.
- 00:25:22 Ana De la Maza: Good morning! Ana De la Maza, Quest Counseling, voting member.
- 00:25:48 NVPeds Good morning! Nicole Mara -Education and Information Officer for DCFS NVPeds
- 00:26:20 Bev Burton: Bev Burton, DCFS/SOC
- 00:26:51 Mala Wheatley: Mala Wheatley, Pacific Behavioral Health. I am sorry, I will have to leave at 11 today.
- 00:35:22 NVPeds: NVPeds Presents: The Ripple Effect 2-Day Live Webinar Workshop  
<https://www.surveymonkey.com/r/RippleEffectFeb23>
- 00:49:47 Joe Dibble, WCHD: Joe Dibble, WCHD
- 00:54:28 Britt Young- NVPEP: <https://nvpep.org/childrens-mental-health/>